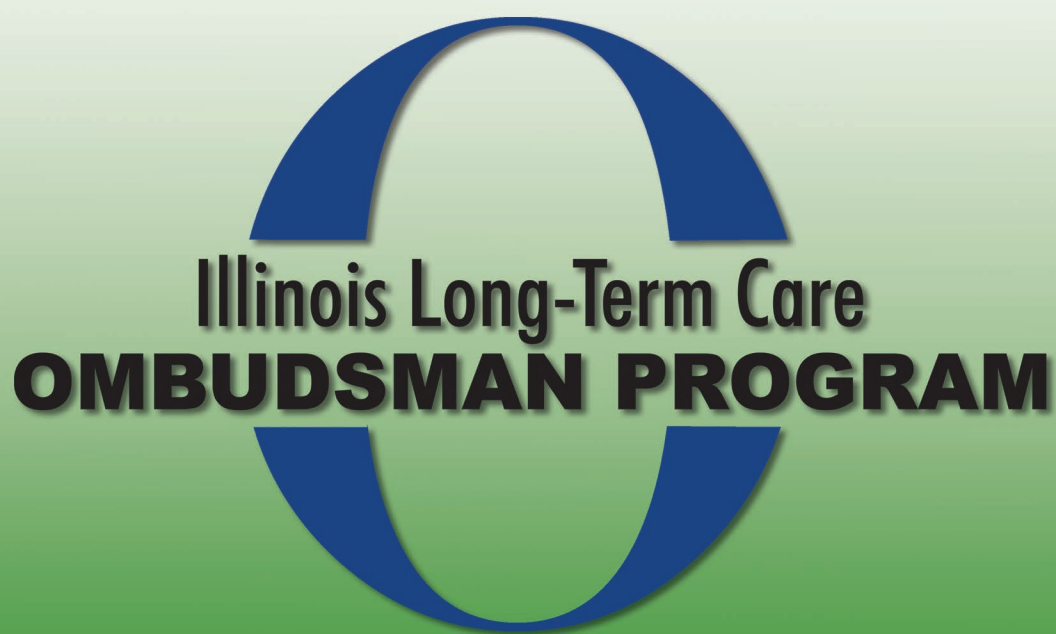


# **\*Attention Long-Term Care Residents\***

You do not lose your rights as a citizen of the United States or of Illinois  
because you live in a long-term care facility

# **You Have Rights!**

- To be treated with care, dignity, and respect
- To be safe and free from abuse of all types
- To participate in your own plan of care
- To appeal involuntary discharges
- To be free from retaliation for complaining
- To have assistance with moving into the community when possible



Call us with questions, concerns, or complaints.  
We offer free and confidential advocacy.

Ombudsmen are resident advocates and are resident directed.

**Contact your local Long-Term Care Ombudsman:**

*or*

**Contact the Senior HelpLine: 1-800-252-8966**

1-888-206-1327 (TTY) • Illinois Department on Aging

One Natural Resources Way, #100 • Springfield, Illinois • 62702-1271